### Spring Salads Menu Shopping List

#### Meat, Poultry & Fish
- Raw shrimp, 32 medium (#1)
- No bone/skin chicken breasts, 2 lbs (#2)
- Uncured bacon, 1 lb (#2, 4)
- Chicken stock, 11 cups (#3, 4)
- Chicken drumsticks, 12 (#6)
- Ground dark meat turkey, 2 lbs (#7)

#### Fresh Produce & Cold Case
- Yogurt (#2, 6) and Milk of your choice
- Asparagus, 1 bunch (#4)
- Avocados, 4 (#2, 3, 5)
- Baby spinach, 2 cups (#4)
- Bibb & Romaine lettuce (#2, 7)
- Blackberries (#1) and Blueberries (#5)
- Butternut squash, cubed (#3)
- Carrots, 6 (#3, 7) and Celery (#3, 6)
- Cherry tomatoes, 8oz (#2, 3)
- Cremini mushrooms, 6 oz (#3)
- Cucumbers, 2 (#1, 3)
- Fresh basil (#1) and Fresh parsley (#4)
- Fresh garlic, 2 heads (#1, 3, 7)
- Fresh ginger (#7)
- Green onions (#2, 6, 7) and Shallot, 1 (#5)
- Kale, 1 bunch (#3)
- Leeks, 2 (#4)
- Lemon, 1 (#6) and Lime, 1 (#1)
- Mixed Salad greens (#1, 3, 5)
- Purple cabbage, 1 small (#5)
- Raspberries (#1, 5) and Strawberries (#5)
- Red bell pepper, 1 and yellow pepper, 1
- Red potatoes, 5-6 large (#6)
- Russet potatoes, 2 per person (#2, 4)
- Sweet onion, 2 and Yellow onion, 1

#### Pantry Items
- Apple cider vinegar (#1)
- Arrowroot powder (#2, 7)
- Artichoke hearts (#1)
- Balsamic vinegar (#1)
- Cashews and walnuts (optional)
- Coconut aminos (#7)
- Dijon mustard (#6)
- Fire-roasted diced tomatoes, 14oz can (#3)
- Honey (#1)
- Mayo (#2, 6)
- Rice vinegar (#7)
- Toasted sesame oil (#7)
- Tomato paste (#7)

#### Dry Herbs & Spices
- Basil (#1)
- Bay leaf (#4)
- Chili powder (#6)
- Cumin (#6)
- Dill weed (#2, 6)
- Garlic powder (#2, 6)
- Ground ginger (#6)
- Italian seasoning (#3)
- Onion powder (#2, 6)
- Parsley (#2)
- Red pepper flakes (#2, 7)
- Rosemary (#2)
- Smoked paprika (#6)
- Thyme (#2, 6)