

read

Holiday Baking Cookbooks



DECADENT DESSERTS

Lawyer turned author Gesine Bullock-Prado doesn't believe in limitations when it comes to dessert, even when taking dietary restrictions into consideration. In her third cookbook, *Let Them Eat Cake* (Stewart, Tabori and Chang, 2015), Gesine proves her case with indisputable evidence that you can still have your cake and eat it, too! Included are over 80 recipes with substitution options for vegan, gluten-free, or just healthier versions of each recipe, from Bergamot Fortune Cookies to Peanut Butter Chocolate Cheesecake.



PALEO SPIRIT

Many people who go gluten-free find that eliminating all grains – not just gluten – helps them recover more quickly and fully. In *Sweet Paleo* (Countryman Press, 2015), author Lea Hendry Valle will guide you in baking without grains, legumes, or refined sugars. With beautiful full page pictures throughout and over 90 recipes like Raspberry Coconut Macaroons and Caramelized Banana Dessert Pizza, this book will put you on the right track for learning how to indulge the Paleo way.



BEYOND PALEO

After being diagnosed with Hashimoto's, author Brittany Angell successfully got her autoimmune disease under control with the discovery of the Paleo lifestyle. In *Every Last Crumb* (Victory Belt, 2014), Brittany delivers over 150 diverse recipes that cover all the bases, whether you're looking for everyday bread, a snack, or a sweet treat. With this book to guide you, you'll become the best allergen-free baker you can be – while enjoying some majorly delicious baked goods along the way.

NOURISHED LIFE

How about adding Deep Dish Apple Pie and Pumpkin Spice Bread to this year's holiday menu? Make recipes the whole family will rave about this holiday season using author Kelly Smith's cookbook, *Everyday Grain-Free Baking* (Adams Media, 2015). Smith has made it her mission to help everyone live a nourished life. Now you can both please a crowd and stay healthy with over 100 recipes that are gluten-free, grain-free, and also dairy-free or optionally dairy-free.

